

## Solo Swim Observation Log

Date:		
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Swimmer Name:						Route Description:
Time	Strokes per minute	Temperature C or F		Wind kts mph kph m/s BF		Notes
	per minute	Water	Air	Speed	Dir	Use reverse side for longer notes - please include timestamps.
			1Al	RAT	HC	N SWIMMERS /
				F	ΞDi	ERATION
						Time recorded as (HH:MM:SS) h Time: Total Elapsed Time:
Observer Name:						Observer Signature: