

## Swimmer

Name:  Gender:  Age:  Resides In:

## Support Personnel

Pilot name(s):  Vessel:  Port:

Crew names & roles:

## Swim Details

Date:  Body of Water:  Location:

Route description:

Swim distance:  Start time:  Finish time:  Elapsed:

List any "first" or record claims:

## Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer: Phil White

Email or Phone: 802-249-9100  
phw1948@gmail.com



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

Swimmers Log - In Search of Memphre  
 July 10, 2017  
 Swimmer Progress Reports

Swimmer: **1** **Jaimie Monahan**

Time	Mile Marker	Condition Strong, OK, Tiring	Stroke Speed	Other Comments	Lake Conditions
30 min 12:23 AM	1	STRONG	52	UCAN	AIR 18.4 CALM WATER WATER 20.8
1.42 9:53	1.8	STRONG	50	"	RAINING
1:30 AM	2.8	STRONG + HAPPY	50	"	AIR 19.0 NOT RAIN WATER 20.1 CALM
2:00	3.7	STRONG + HAPPY	49	"	11 18 RAIN W 20.1
2:30	4.6	STRONG	49	"	A 19.0 W 20.1
2:48	4.8	STRONG	49	"	BOARDER, CROSSED
3:00	5.3	STRONG	47	"	WIND FROM N LIGHT RAIN ON AND OFF
3:30	6.1	STRONG	46	"	WIND FROM N WATER 20.1 AIR 19.7
4:00	6.9	STRONG	46	"	A 19.7 RAIN AGAIN W 20.9
4:30	8.0	STRONG	46	"	
5:00	8.8	STRONG	46	"	RAIN STOPPING
5:20	9.6	STRONG	46	"	W 20.8 WIND LIGHT A 18.7 FROM S
6:00	10.5	STRONG	46	"	20.7 W S.WIND 23.0 A. LIGHT
6:30	11.8	STRONG	45	"	5 knots WIND FROM S A. 23 / W. 20.7

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Swimmer: **1** **Jaimie Monahan**

Time	Mile Marker	Condition Strong, OK, Tiring	Stroke Speed	Other Comments	Lake Conditions
7:00	12.6	strong	47		
7:30	13.6	strong	46	W. From S. light AER 24 H2O 20.7	
8:00	14.4	strong	46	H2O 20.9 wind AER 32 S-light	
8:30	15.3	strong	46	WIND N/A	FLAT SUNNY
9:00	16.0	strong	47	Light wind from south	Goggles broke - REAL?!! so strange DID MEMPHRE NOT WANT TO BE SEEN?
9:30	16.9	strong	47	AER 26.3 S knot wind H2O 21.2 from south	LITTLE CHOP
10:00	17.8	strong	46	AER 23.9 8 knots H2O 21.0 from S	SOME CHOP COMING FROM SOUTH AS WIND PICKS UP
10:30	18.7	strong	46	AER 23.3 9 knots H2O 21.1 from S	PASSING CORO'S ISLAND ~ 2/3 of the way LANDMARK
11:00	19.6	strong	47	AER 23.3 6 knots H2O 21.1 from S	light chop
11:30	20.3	strong	47	AER 24 light wind from H2O 21.1 S	
12:00	21.1	strong	46	AER 24.4 WIND N/A H2O 21.4	FEED ONLY PowerGel + WATER
12:30	21.9	strong	46	HERE COMES THE RAIN AGAIN!	hot water, coke
				RAIN + WIND	LEAN

lean goggles  
and they  
broke so  
again



