

Swimmer

Name: Gender: Age: Resides In:

Support Personnel

Pilot name(s): Vessel: Port:

Crew names & roles:

Swim Details

Date: Body of Water: Location:

Route description:

Swim distance: Start time: Finish time: Elapsed:

List any "first" or record claims:

Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer:
 Email or Phone:



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

MARATHON SWIMMERS FEDERATION — Standard Swim Log



Date

9/27/2015

Swimmer(s)

Alan Jay
Morrison

Observer(s)

Ronchi Davies

Swim Description

North side of
Brooklyn Bridge
to East side of
Steeplechase pier
Coney Island Return

Page 1 of 2

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
10:32:32			68.5 F H2O 64 air	NE 10mph	46	Fenny traffic, small chop, 15 min/mile, 16 min/mile
11:15	40°40'42" N	74°1'25" W	65 H2O 66 air	NE 10mph	46	overcast, past cut, tail wind. Feed 1
12:00 pm	40°38'46"	74°2'36" W	67 H2O 66 air	NE 8mph	46	overcast, cool, calm, small chop Feed 2 18 min mile
12:45	40°36'33"	74°2'47"	66 H2O 66 air	NNE 7mph	46	under the Bridge Feed 3, calm, partly overcast
13:30	40°34'42"	74°1'12" W	68.5 H2O 66 air	ENE 8mph	46	Norton's Point, right on target. Good current wind dropped Feed 4
14:00	40°34'9" N	73°59'42" W	62 H2O 66 air	ENE 10mph	47	slow progress out of current along shore water T dropped to 62
14:15	40°34'10"	73°58'60"	"	"		steepchase pier, Coney Island. Turn around point Right on pace Feed 5 (3:42 min)
14:22						start return trip CI to BB after changing feed bottles
15:00	40°34'22"	73°59'12"	65 H2O	E 8mph	43	stroke rate dropped, wind now out of east Feed 6. Alan takes it easy. Rolaid
15:45	40°34'34"	74°0'46"	66 H2O 66 Air	ENE 8 mph	42	Feed 7. overcast good conditions. small swells
16:30	40°35'10"	74°1'24"	68 H2O	ENE 8 mph	42	slow progress. Little current overcast feed 8. Rolaid
17:15	40°36'1"	74°2'2"	68 H2O 70 air	ENE 3 mph	40	Alan is tiring. SC is 10% off normal. Feed 9 calm, overcast. Flood picks up just Sth of VZ
17:30						VZ Bridge.
18:00			70 H2O 70 air	ENE 3 mph	41	calm. Current picking up. Feed 10
18:30			69 H2O 69 air	ENE 6mph	40	calm. Visit w/ from 2 kayakers Vlad/Joanna

