## Santa Barbara Channel Swim Association SWIM LOG

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Swimmer or Relay Team:				Swimmer Coach:
Relay Mei	mbers:			
Relay Mei	mbers:			
Swim Und	lertaken:			
Support Vessel:				Vessel Captain:
Observers	s:			
Start Date:				Finish Date:
Start Time:				Finish Time:
Total Time	e:			
Paddlers:				
Time	Water Temp	Air Temp	Stroke Rate	Observations: (Incidents, weather, waves, etc.)
Observer	Signature:			

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Swimmer	or Relay T	eam:		Observer:
Time	Water Temp	Air Temp	Stroke Rate	Observations: (Incidents, weather, waves, etc.)
				-

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