

Swimmer

Name: CHARLOTTE BRYNN Gender: F Age: 50 Resides In: STOWE, VT, U.S.A

Support Personnel

Pilot name(s): PHILIP WHITE Vessel: ANJANO 16 FT DORY Port: NEWPORT, VT, U.S.A

Crew names & roles: CYNTHIA NEEDHAM, CREW, FEEDING.

Swim Details

Date: 7/19/2016 Body of Water: LAKE MEMPHREMAGOG Location: VERMONT, U.S.A. QUEBEC, CANADA.

Route description: 1 WAY GEORGEVILLE, QUEBEC, CANADA TO NEWPORT, VT, U.S.A.

Swim distance: 14.77 MILE Start time: 7:30 AM Finish time: 2:11.58 PM Elapsed: 6:41.58 SEC

List any "first" or record claims: FIRST

Rules & Conduct

Feeding (substances & frequency): HOUR, THEN EVERY 30 MINUTES [UCAN / POWDERED GREENS + PROTEIN]

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

SINGLE TEXTILE SWIM SUIT WITH STANDARD COVERAGE,
ONE SILICONE CAP, GOGGLES, EARPLUGS, VASELINE TO GREASE THE
BODY

List any modifications of MSF Standard Swim Rules:

N/A

Observer: PHILIP WHITE

Email or Phone:

phw1948@gmail.com

(802) 249-9100.



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.