

**Swimmer**

Name: CHARLOTTE BRYNN Gender: F Age: 50 Resides In: STOWE, VT, U.S.A

NATIONALITY: NEW ZEALAND

**Support Personnel**

Pilot name(s): PHILIP WHITE Vessel: DJANGO 16FT DORY Port: NEWPORT, VT, U.S.A

Crew names & roles: CYNTHIA NEEDHAM, CREW, FEEDING

**Swim Details**

Date: 7/24/2016 Body of Water: LAKE MEMPHREMONGOG Location: VERMONT, U.S.A QUEBEC, CANADA

Route description: CIRCUMNAVIGATION OF ILE RONDE

Swim distance: 16.43 MILES Start time: 7:47 AM Finish time: 3:46.04 PM Elapsed: 7:59:04

List any "first" or record claims: FIRST.

**Rules & Conduct**

Feeding (substances & frequency): HOUR, THEN 30 MINUTE FEEDS. [UCAN / POWDERED GREENS & PROTEIN]

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

SINGLE TEXTILE SWIMSUIT WITH STANDARD COVERAGE, ONE SILICONE CAP, GOGGLES, EARPLUGS, VASELINE TO GREASE THE BODY.

List any modifications of MSF Standard Swim Rules:

N/A.

Observer: PHILIP WHITE

Email or Phone:  
phw1948@gmail.com  
(802) 249-9100



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

# ILE RONDE



## MARATHON SWIMMERS FEDERATION - Standard Swim Log

TIME	LATITUDE	LONGITUDE	TEMP	WIND	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
			sea / air	spd / dir		
			73/58	5kts/NE	68	BEAUTIFUL MORNING.
			72/59	6kts/NE	65	GREENS FEED, 2 MILE @ 54:45 / LIGHTHOUSE
			72/60	6kts/NE	66	UCAN FEED, SMALL SWELLS, 11sec FEED
			72/61	6kts/N	65	GREENS FEED, SWELLS (14), gusts, BORDER 2:27.18
			72/63	6kts/N	65	UCAN, BORDER CHECK IN BOAT, FEED 2 MIN LATE
			72/65	4kts/N	64	GREENS, VARIATED CHOP.
			73/68	5kts/N	64	UCAN, GUSTING 15kts, WHITE CAPS, ADVIL
			73/70	15kts/NNW	65	GREENS, 2 FT SWELLS IN ICE OF OWLS HEAD
			73/72	4kts/N	65	UCAN - ROUNDING ILE RONDE 4:1:30
			73/74	10kts	65	GREENS, WIND CALMING TO 10 KNOTS
			73/76	14kts	65	UCAN, BORDER CROSSING USA - USA 5:38:35
			74/71	14kts	66	GREENS, SMALL SWELLS - following SEAS
			74/77	14kts	65	UCAN, ADVIL, SWIMMING STRONG
			74/77	14kts	67	GREENS, LIGHTHOUSE, SUNSHINE!
			74/78	14kts	65	UCAN, DRIVING HOME, HEAD DOWN!

Swimmers: CHARLOTTE BRYAN  
 Observers: PHILIP WHITE  
 Swim Description: ILE RONDE  
 Circumnavigation: CIRCUMNAVIGATION