

## Swimmer Data

- name: [Jennifer Dutton](#)
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- age on date of swim: 47
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- nationality: [US](#)
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- city & country of residence: [Wayland, MA, USA](#)
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- major marathon swims completed: [Lake Memphremagog](#), [Lake Tahoe](#), [35 mi Keuka Lake](#)
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## Swim Route

- brief description: 1-2 sentences [This was the length of Lake George, NY, 32.2 miles, from Lake George Village, NY, to Ticonderoga, N. The long, thin lake is oriented mostly north-south, and her track followed a more or less straight line up the Lake and through some channels at the "Narrows," the pinched middle of the Lake dotted with islands. The finish was at the historic starting point at "Diane's Rock," named after Diane Struble, who first swam the Lake in 1958 in 35 hours and 30 minutes, and the start was at the Village dock where Diane Struble finished.](#)
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- type: straight-line, circumnavigation, or other: [Straight point to point](#)
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- start: name/description and GPS coordinates: [Lake George Village Dock, 43°25'19.22"N, 73°42'40.65"W](#)
- finish: name/description and GPS coordinates,
- [Diane's Rock, Ticonderoga, NY, 43°49'34.07"N, 73°25'34.45"W](#)
- (if 'other' route type) intermediate waypoints: name/description and GPS coordinates. [This was the same route swum by David Dammerman in June, 2016. GPS was skttechy first thrid of the swim but picked up the track after that time.](#)
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## Support Personnel

- Names of everyone involved in the swim, and each of their roles: [Boat Captain, Andy Dutton](#), [Crew Emery Dutton](#), [Observer, Janine Serell](#),
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## Rules

- List any deviations from standard swim rules and conduct. [None, strict adherence to MSF rules and the "Spirit of Marathon Swimming."](#)
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## Observer Report ([see attached files](#))

- Start time and date (include local time zone) [7:37pm, August 8, 2016](#)
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- Finish time and date: [6:25pm August 9, 2016](#)
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- Elapsed time of swim (hours, minutes, seconds) [22:51](#)
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- Regular timestamped observations of:
  - GPS location (latitude, longitude): [on tracker](#)
  - Stroke rate (strokes per minute): [see observer reports](#)

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- Water temperature [75F](#)
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- Air temperature: [60-82F](#)
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- Wind speed or force [3-10 MPH \(estimated\) S turning to N-NW](#)
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- Wave height [1-2ft](#)
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- Subjective description of conditions in sections: 1. Before midnight slight tail wind and normal early evening boat chop, 2. Through daybreak Same slight wind, less boat traffic after sunset, 3. Mid morning Wind started to increase, cross direction and bounce off rock formations at shore, 4. Through afternoon Unpredictable chop all directions 1-2 ft, 5. Wind and chop dropped off in last leg of the swim in sheltered/shallow water
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- Any notable events (e.g., wildlife encounters). [Nothing out of the ordinary. Water level very low this year, so hazards evident but avoidable](#)
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- Signatures of all witnesses to swim. [On reporting form cover sheet \(PDF\)](#)
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[Optional but recommended] Narrative account of swim.

This is my own (swimmer) narrative as I wrote it shortly after the swim:

We have now seen Lake George in all of her glory!

22 hrs 51 minutes.

Beware- oversharing ahead 😊. You can just skip to the pictures if you'd like (all photo creds to Emery)

\*Conditions were gorgeous to start- fairly calm, air and water temps fantastic (even a bit warm until the sun set).

\*My brain had some migraine-type issues with movement (thanks again TBI hx!) so I did not keep down more than a feed or two before daybreak. BUT it was unbelievably beautiful out there- dare I say there might have been a little tailwind breeze? The stars...

\*Sunrise was magical on many levels- the beauty, of course, and my decision to go to small feeds every 20 mins instead of 40 min intervals helped me actually keep some calories in my body, hurray! Those were REALLY good hours!

\*Fast forward a while- it got a bit er, rocky. Turns out that when a lake is surrounded by rock faces (not sandy beaches) the waves just buffet off the rocks and create a crazy turbulence and 2 foot chop situation. NOW I get it!

\*Suffice it to say that the last 8 hours consisted of me taking a feed, then passing it to the fish, then yelling at the water to STOP MOVING for heaven's sake- just five minutes of shelter, is that too much to ask, etc! And yes, I had some interesting hallucinations but at least I KNEW they weren't real. The rock faces were not closing in nor was Emery lying atop the boat sunshade (again)

\*I decided to get out at about 30 miles. Andy said no.

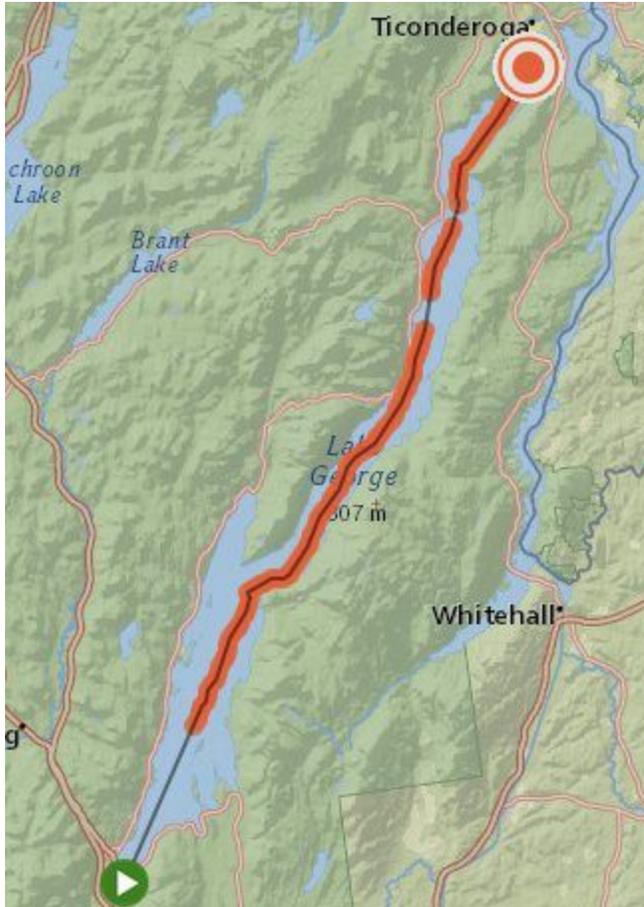
\*The last 3 miles were tough, but they always are.

\*Landed at Diane's Rock (which I was starting to think did not even EXIST by this point).

\*Thank you: ANDY Dutton (not on FB) for being my ROCK. AGAIN.

Emery Dutton is AMAZING (not allowed to tag 16 yr old). [Janine Serell](#) thank you so much for stepping in and Observing - it was an AMAZING and unforgettable experience and I was/am grateful everyday that I have an overwhelming amount of support for these projects. Also, Megan and Mark Lucier from Wayland were INVALUABLE land support (and sticky-bun/hot tea for crew support).

\*Even at my mental low-points in my journey up that breathtaking lake I tried (and mostly succeeded) to stay GRATEFUL and that was my goal. Finishing was good, too.



TRACKER PIC. Evan Morrison was on the phone with Observer Janine Serrell when, at first, it seemed the system was not working, so the line is accurate.



Dusk, light wind



morning, with tail wind that was pleasant for a short time



Afternoon Emery swimming for 10 mins behind Jen



Finish at Diane's Rock. Extremely slippery!