

MARATHON SWIMMERS FEDERATION – Observer Report Cover Sheet

Swimmer

Name: PABLO FERNANDEZ ALVAREZ Gender: M Age: 37 Resides In: MADRID (SPAIN)

Support Personnel

Pilot name(s): SARJO DEMBA OUSMAN NJIE Vessel: GAMBIA NAVY HIGH-SPEED BOAT Port: BANJUL (GAMBIA)

Crew names & roles: ABBA NYASSI (COMMANDER) OUSMAN NJIE (PILOT) SARJO DEMBA (CAPTAIN) MOUOU JARJU (CO-PILOT) ALEX NDEPKY (ENGINEER) ARFANG Y. JOBE (TECH. DIR. SWIMMING) BABONCARR JOBE (LOCAL FISHERMAN) ALHAGIE MANKA (CAMERAMAN) HABIBALLAH JENG (ASS. TECH. DIR. SWIMMING)

Swim Details

Date: 30/12/2017 Body of Water: OCEAN Location: SENEGAL & GAMBIA

Route description: SENEGAL (Plage d'Or) to GAMBIA (Banjul)

Swim distance: 16 km (straight line) Start time: 7.22 Finish time: 17.16 Elapsed: 9h 53'

List any "first" or record claims: first swim ever from Senegal to Gambia and first swim ever from Barra to Banjul

Rules & Conduct

Feeding (substances & frequency): Each 60': 1 gel, 1 bottle of water (500ml), 1 fruit bar X 10 times

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

Cap, google & trunk swim short

List any modifications of MSF Standard Swim Rules:

None

Observer: ARFANG Y. JOBE

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fangjobe@hotmail.com



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

[Handwritten signature]

MARATHON SWIMMERS FEDERATION – Standard Swim Log



Date

30/12/2017

Swimmer(s)

PABLO FERNANDEZ ALVAREZ

Observer(s)

ARAFKA Y. JUBE
HABIBULLAH JONG
ABBA NYASSI

Swim Description

from Senegal (Plage d'Or) to Gambia (Banjul)

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TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
7h22'	13,6004	16,5468	22/23	11 knots SW	56	1 st feed, 500ml of water, 1 fruit bar, 1 Gel. Crossed Senegal-Gambia border at 7h40', NO incidents. Swimming 500 meters from the shore
8h10'	13,57	16,54	21/24	10 knots SW	57	2 nd feed, 500ml of water, 1 fruit bar, 1 Gel, 1 banana NO incidents, swimming 500m from shore
9h02'	13,54	16,54	21/26	12 knots W	59	3 rd feed, 500ml of water, 1 fruit bar, 1 Gel NO incident, swiming between 500-1000 m from shore
10h10'	13,50	16,55	21/28	11 knots W	60	4 th feed, 500ml water, 1 fruit bar, 1 Gel, 1 Banana NO incident, swiming between 500-700m from shore
11h28'	13,48	16,56	20/29	10 knots W	61	5 th feed, 500ml of water, 1 fruit bar, 1 Gel NO incident, except for 2 knots curraiol faced by swimmer
12h33'	13,48	16,55	21/31	6 knots SW	62	6 th feed, 500ml water, 1 fruit bar, 1 Gel, 1 Banana Current against the swimmer up to 2.5 knots drifting him to atlantic ocean.
13h29'	13,49	16,57	20/33	7 knots SW	59	7 th feed, 500ml water, 1 fruit bar, 1 Gel Current against swimmer up to 3 knots drifted more to the Atlantic ocean
14h45'	13,49	16,60	20/32	8 knots S	60	8 th feed, 500ml water, 1 fruit bar, 1 Gel Current against swimmer up to 3 knots drifted further to the Atlantic ocean
16h14'	13,48	16,60	21/31	10 knots S	59	9 th feed, 500ml water, 1 Gel Current strength reduced, allowing swimmer to advance 500m to shore
17h16'	13,4950	16,5765	22/30	11 knots S	58	No feeding. Current heading from Atlantic to Banjul helps swimmer to make progress and arrived at Banjul beach @ 17h16'