

Sophia Cordero observing

George Thomton observing

| TIME | WATER | AIR | WIND (MPH) | STROKE | NOTES |
|---------|-------|------|--------------|--------|--|
| 7:00pm | 75 | 81 | 0 | 30 | Swimmer enters water via shoreline, escorted by kayak (Lynn) and fishing boat (Cindy W. and Mark). |
| 7:30pm | 75 | 81 | 0 | 29 | Batches reports sore forearms at start, now resolved. First feed of Gatorade. Swimmer in cove at start, exited at 7:26pm. |
| 8:00pm | 76 | 77 | 4.9 / E | 28 | Moonlight becoming visible over canyon walls in the east. |
| 8:30pm | 76 | 75 | 3 | 29 | Batches is feeling good. Passed buoy 44 at 8:20pm. |
| 9:00pm | 75 | | 5 | 29 | Batches peed. Feels great. |
| 9:30pm | 74.8 | 78.3 | 7 | 27 | Batches is aware of how much he is eating. |
| 10:00pm | 74.8 | 77.7 | 6 | 26 | Passed buoy 46 at 10:20pm. |
| 10:30pm | 74.8 | 76.7 | 6.5 | 27 | |
| 11:00pm | 74 | 74 | 8.1 | 27 | |
| 11:30pm | 74.4 | 76 | 7.5 | 28 | John peed. Passed buoy 49. |
| 12:00am | 74 | 74.4 | 7 | 26 | John feels great. |
| 12:30am | 74.4 | 75 | | 27 | Vomited. Passed buoy 51 at 12:48. |
| 1:00am | 74 | 76.9 | 4.9 / NNE | 27 | Crew change: Jamie Ann and Joe in fishing boat, Lynn in to kayak (Ken overboard in exchange!), Sophia to record. |
| 1:30am | 74 | 76.4 | 5 | 26 | Water only, vomited. Backup tracker in houseboat reset in this interval (red warning lights flashing, appears to be resolved). |
| 2:00am | 74.4 | 71.9 | 1 - 4 | 27 | Water only, vomited. Passed buoy 52 in houseboat at 2:09am with swimmer slightly behind. |
| 2:30am | 74.4 | 72.8 | 3.5 - 8 / NE | 27 | Water only again, agreed to try a food pouch next time. |
| 3:00am | 74.4 | 71.2 | 8 - 9 | 26 | Wind gusts picking up -- 15mph at times. Five large vomits. Consumed baby food pouch and water. |
| 3:30am | 74.4 | 68.5 | 6 | 26 | Wind gusts 10 to 12 mph. No vomiting! |
| 4:00am | 74.4 | 68.9 | 2 - 3 | 27 | Winds calming, fish jumping. Houseboat passed buoy 56 at 4:20am with swimmer farther behind but catching up. |
| 4:30am | 74.6 | 68.2 | 0 | 26 | |
| 5:00am | 74.8 | 67.7 | 0 | 26 | Kayaker change requested, houseboat turning back toward swimmer and fishing boat to prepare at 5:20am. |
| 5:30am | 74.8 | 66.2 | 0 | 26 | Crew let John know that the sun will be up within the next couple of feeds. Ken in kayak at 5:45am. Forward motion of the houseboat. |

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| 6:00am | 74.8 | 66.3 | 3 / NNE | 26 | A little daylight becoming visible. |
| 6:30am | 74.6 | 66.6 | 2 - 3 | 26 | Team preparing to change shifts. Houseboat passed buoy 59 at 6:40am. |
| 7:00am | 75 | 64.4 | 4 - 6 | 26 | Advil in feed -- drank it all. Cindy W. and Mark into fishing boat at 7:10am. |
| 7:30am | 74.8 | 63.7 | 0 | 28 | Cindy H. in kayak. George observing. |
| 8:00am | 74.6 | 64.5 | 0 | 28 | Houseboat passed buoy 62 at 8:00am. John did not pee or vomit. Reports having no issues. Primary tracker reset. |
| 8:30am | 74.8 | 65 | 0 | 29 | Batches is veering right. Was corrected. He wants to hug the right wall. Told by crew that this would add distance. He says he is struggling, asking for possible swim assist at 8:44am. At 8:50am, Batches is on track, away from wall. |
| 9:00am | | 70.7 | 0 | 27 | Following kayak back on track to the left along the bend in the lake. John stopped and rested for one minute, reported his arms are tired. Crew told him he is making good progress. He said he did not want a swim assist. Bright sun on the lake at 9:11am. |
| 9:30am | 75 | 79 | 0 | 27 | John argumentative about when he had last taken medicine. <i>[Addendum after confirmation with crew: John was correct about the time of his last Advil dose at 7:00am and did not receive Advil at the time of this entry.]</i> Cindy ready in 1.5 hours. Wind calm, sun bright. At 9:50, Batches is veering to the left. Crew wants him to head right to make bend to the right. He has made a 90 degree turn to the right. |
| 10:00am | | | 0 | 25 | At 10:10 am, John has perception he is not progressing. Crew tells him he is holding his stroke and making progress. Passed buoy 66 at 10:18am. John is veering toward island and is told to follow the kayak. John is grumpy about this. He said "I know!" He may want swim assist. |
| 10:30am | 75.3 | 84.4 | 0 | 28 | John says he can't perceive progress in deep water. Crew tells him progress is the same in deep and shallow water. We are giving him comments from people watching his tracker. |
| 11:00am | | | | 28 | Lynn going to kayak. Wind picking up. We told him he is going faster than his Memphis time. He said "I know." Crew told him to sing "99 Red Balloons" and he smiled. From 11:15-11:25am, Batches veering 90 degrees of boat line, heading to right wall. |
| 11:30am | 75.3 | 82.3 | 10 | 28 | Back on track! Peeing, no vomit. He said "I would follow if the kayak stayed in front of me." Passed buoy 67. |
| 12:00pm | | | 0 | | Instructions: "Divide 7 by every number from 1 to 100." |
| 12:30pm | | | 0 | 27 | Passed buoy 68. Shallow water! Doesn't want support swimmer. Crew is doing well. |
| 1:00pm | 76.1 | 83.4 | 0 | 27 | Sometimes can see the bottom. |
| 1:30pm | 76.1 | 86.1 | 0 | 29 | Sophia recording. Batches in good spirits, very agreeable to following kayak. Zofran 4mg in feed. |
| 2:00pm | 76.8 | 90 | 0 | 28 | Crew is in excellent spirits. Passed buoy 69 at 2:22pm. |
| 2:30pm | 79 | 93.1 | 0 | 27 | Joe in to relieve Lynn in kayak at 2:45pm. Many boaters staring at John as they pass! |

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| 3:00pm | 76.2 | 85.9 | 0 | 25 | |
| 3:30pm | 76.8 | 85.8 | 0 | 25 | Chris relieves Mark as fishing boat pilot at 3:35. Mile marker 71 at 3:55. |
| 4:00pm | 76.6 | 81.9 | 2 / SW | 26 | Slight tailwind appreciated by all. |
| 4:30pm | 78.2 | 85.5 | 1 - 2 | 25 | Batches initiated cutting corner himself, made right angle, stayed three feet from shore, continued swimming. Cindy W. in for potential support swimming at 4:55. |
| 5:00pm | 78 | 85.5 | 0 | 29 | Batches says he would like support swimmer, Cindy W. joins between Batches and rock face, swimming fly, at 5:00pm. |
| 5:30pm | 78 | 85.5 | 0 | 27 | Buoy 72 passed at 5:30pm, houseboat in line with swimmer. Swimmer verbalizes being confused by landmarks, turns to swim the wrong direction after feed and is corrected by crew. |
| 6:00pm | 77 | 82.5 | 0 | 26 | Refuses food/water. Cindy W. leaves swimmer at feeding and exits water at 6:02pm. Passed buoy 74 at 6:20pm. |
| 6:30pm | 77 | 80 | 3 / E | 27 | Ate half baby food packet. Conversive with crew at feed, given a geometry problem by Joe to solve. Passed buoy 74A at 6:40pm. |
| 6:55pm | 75.5 | 79.8 | 0 | 26 | Mark and Cindy W. into fishing boat to relieve Chris and Jamie Ann. Passed buoy 74B. |
| 7:00pm | | | | | Twenty-four hours at 7:00pm! Reset backup tracker on houseboat. Passed second buoy 74B. |
| 7:30pm | 75.5 | 78.4 | 0 | 30 | Nothing to drink. Lynn kayaking, Joe comes in. |
| 8:00pm | 75.9 | 76.9 | 0 | 27 | One ounce Gatorade. John asked if we are aiming for a "Halls Crossing finish?" Lynn asked if hurting, John said "no." |
| 8:30pm | 75.9 | 77.7 | 3 / W | 27 | Five ounces Gatorade. Passed green marker – can't read it. |
| 9:00pm | | | 3 | | One ounce Gatorade. At 9:19pm, calculated rate at less than one mile per hour. |
| 9:30pm | 75.5 | 74.5 | 0 | 27 | Houseboat passed buoy 75 with Batches half mile behind. Chris states we are going one mile per hour and pulling away from Batches. At 9:38pm, houseboat in holding position. John treaded water for three minutes. Said he was doing fine, but tired. |
| 10:00pm | | | 4 | | John is awake and conversing with boat. John wants to continue. |
| 10:30pm | | | | | Making progrss again. Joe in fishing boat. Took two ounces Gatorade. Passed buoy 79 at 10:47, headed east. |
| 11:00pm | | | | | Exited water at 11:00:40pm. |
| Swimmer's exit point coordinates verified: N 37.19.37, W 110.47.56. Swimmer exited water and cleared unassisted on the beach opposite The Rincon. | | | | | |