

OBSERVER REPORT

BY: DR. JULIE BRADSHAW MBE

EMAIL: julie@getset4success.co.uk

SWIMMER: PAT GALLANT-CHARETTE

GENDER: FEMALE

AGE: 67

RESIDES IN: U.S.A.

SUPPORT PERSONNEL: JEAN MURDOCH / OBSERVER^{2ND}
PILOT NAME: DR. JULIE BRADSHAW MBE, (OBSERVER)^{#1}
VESSEL: MERLIN 8188
PORT: BOWNESS

CREW NAMES+ROLES: DAVID GALLANT
WALDAGALLANT
ROLE: CREW FOR PAT G-C.

SWIM DETAILS Aug. 22, 2018

DATE: AUGUST, 2018 BODY OF WATER: LAKE WINDERMERE ENGLAND

ROUTE DESCRIPTION: START: 8:27 AM / ~~FALL~~ LAKESIDE
FINISH: WATERHEAD ^ FORT ^ AMBLESIDE

SWIM DISTANCE: START TIME: 8:27 AM
FINISH TIME: ~~4:05 PM~~
ELAPSED TIME: 7:38

J. Bradshaw • DR. JULIE BRADSHAW MBE
OBSERVER/PILOT

David Gallant • DAVID GALLANT

Wald Gallant • WALD GALLANT

Pat Gallant-Charette • PAT G-CHARETTE

Jean Murdoch • JEAN MURDOCH / OBSERVER

LIST RECORD CLAIM:

RULES & CONDUCT: ✓

* 52 STROKE COUNT AVERAGE *

FEEDING: 2 HRS. INTO SWIM

THEN EVERY HR.

100 WARMED GATORADE / 10 oz. WARMED WATER + COFFEE

EQUIPMENT: STANDARD SWIMSUIT, GOGGLES, LATEX SWIM CAP

* NO GREASE *

DATE: AUGUST 23, 2018

SWIMMER: PAT GALLANT-CHARETTE

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SWIM: LAKE WINDERMERE

OBSERVER: DR. JULIE BRADSHAW MBE

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TIME	LAT.	LONG	TEMP. WATER AIR	WIND	STROKE RATE	FEED	NOTES
8:27 ^{AM}	54°16' 46.52'N	2°57' 10.13'W	63.8 60	F1	51	X	OVERCAST
9:27 ^{AM}	54°17' 45.94'N	2°57' 10.13'W	62.7 60	F3	48	X	WIND COMING UP BEHIND + WEST OF US. *1HR. MARK
10:27 ^{AM}	54°18' 54.10'N	2°56' 10.13'W	62.9 60	F2	51	WARMED GATORADE 10 OZ.	DRIZZLING 10:00 AM F1 URINATING REGULARLY GUSTY TAIL WIND 10:30 AM - F2-3
11:27 ^{AM}	54°20' 4.23'N	2°56' W	63.8 60	F2-3	52	WARMED GATORADE 10 OZ.	ON GOING DRIZZLE 10:46 AM - 52 stroke count GUSTY AGAIN 11:14 AM - GUSTING 11:49 AM - PR. OF SWANS w/ 6 BABIES VISIT
12:27 ^{PM}	54°21' 6.12'N	2°56' 16.21'W	65 61.8	F2	54	WARMED WATER + COOKIE	OVER 1/2 WAY / FEELING GREAT
1:27 ^{PM}	54°21' 23.16'N	2°56' W	65 64	F1	54	WARMED GATORADE 10 OZ.	IN 'THE DEEPS' 12:37 → CALM - F1 / WIND CALMER STOPPED DRIZZLING
2:27 ^{PM}	54°23' 29.07'N	2°56' 53.71'W	64 60	O	52	WARMED GATORADE 10 OZ.	JUST SHORT OF 2 MILES TO GO! TIL FINISH
3:27 ^{PM}	54°24' 33.22'N	2°57' 26.04'W	64.2 63	F1	58	SKIPPED	2:33 - SLIGHT HEAD WIND / FIRST TIME (F1) IN SWIM. 3:10 → SUN!!! (+ CLOUDS) 3:18 → 60 STROKE COUNT
						GOING FOR IT!	3:44 → F3 / WIND / GUSTY + WHITE SOLID, HEAD WIND STILL

Bradshaw
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 FINISH TIME 4:05 PM
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