

Swimmer

Name: DAVE LOEFFLER Gender: M Age: 53 Resides In: PRESCOTT, ARIZONA

Support Personnel

Pilot name(s): MIKE GALLOWAY Vessel: MOANA Port: KINGS HARBOR

Crew names & roles: BOOG BOOKEY - CREW CHIEF / PHOTO-VIDEO
WANDA WOODBURY - SUPPORT CREW (FOOD) PHOTO/VIDEO
REX IJAMS - SUPPORT CREW (KAYAK)

Swim Details

Date: 8-11-2018 Body of Water: PACIFIC OCEAN Location: CATALINA ISLAND

Route description: FROM CATALINA HARBOR AROUND WEST END OF CATALINA ISLAND TO ISTHMUS COVE.

Swim distance: 16.94 Start time: 7:07 Finish time: 3:33:54 Elapsed: 8:26:54

List any "first" or record claims: MAYBE FIRST DOCUMENTED SWIM OF THIS ROUTE
ROUTE USED AS ORGANIZED PADDLEBOARD RACE

Rules & Conduct

Feeding (substances & frequency): 1) CARBO PRO - ELECTROLYTES - MANGO JUICE - WATER
2) CHOCOLATE MILK - CARBO PRO - ELECTROLYTES

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

JAMMER STYLE SWIM SUIT
AQUA SPHERE GOOGLES
NIKE SILICONE SWIM CAP

List any modifications of MSF Standard Swim Rules:

NONE

Observer: BERT IJAMS

Email or Phone: (928) 308-5364
growant@gmail.com



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

07.34.34 @

MARATHON SWIMMERS FEDERATION - Standard Swim Log



Date

8/11/2018

Swimmer(s)

Dave Loeffler

Observer(s)

Best James
Sandy
Rex
Ward

Capt. Mike
Swim Description

Catalina
Islands
West End
Loop

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TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
7:07A	33°26.32'	118°33.035'	71°	Calm	100	Depth boat 6' Swimming at Swimmer Du - 60 strokes per min
7:37	33°25.275'	118°30.877'	72°	W 1 kn	62	WATER FEED Delphinus at the Port Side
7:52am						1/2 bottle FEED - "feels great"
8:07A	33°25.578'	118°32.022'	73°	Calm	60	2.40 miles. 26.09 Interval miles
8:17A				2-3knts		2.65 miles total distance
8:19A						FEED - "Life is wonderful"
8:28A						3 miles - Interval 3 Time = 27.34.34
8:37A	33°25.756'	118°32.885'	74°	W 2-3 K	60	3.29 miles - IT = 27.34 ^{water} Depth = 257'
8:51A						FEED - kayak launched guys. "Going good thanks"
8:58A						4 miles - IT = 29.55
9:07A	33°25.968'	118°33.829'	74°	W 5 K	62	4.38 miles IT = 29.55 - Depth = 88'
9:20A						FEED - "Doing Great. Feeling Great."
9:27A	33°26.524'	118°34.619'	75°	NO 3 K	62	5.31 m IT = 30.49 Depth = 199'
9:51A						FEED - "Feel good."
9:58A						6.0 miles IT 28.41 - Depth 120'

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TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
10:07A	33° 27.135	118° 35.174	74°	NW 2k	101	
10:21A						Feed - 6.81 miles IT = 28.41 Depth 80'
10:27A	33	118				7 miles IT 29.37
10:37A	27.774	35.799	74°	W 2k	102	7:34m IT 29.37
10:51A	33°	118°				Feed - 7:76m IT 29.37 Depth 69 "Feel Really Really Good"
11:08A	28.465	36.400		W 3k	100	8:04 miles 31.35 = IT
11:00A						8:04 miles 31.35 = IT
11:08A	33° 28.465	118° 36.400	74°	W 3k	100	8:57 miles, 31.35 IT
11:20A						Feed! Chew milk Depth 97
11:26A						9 miles - IT 26.58
11:37A	33° 28.812	118° 35.893	73°	W 4k	100	9.39 miles - IT 26.58 Amazing!
11:51A						Feed - Normal - Doing Good
11:56A						10.3 miles IT 29.56
12:07A	33° 28.745	118° 34.873	74°	W 12K	100	10.43 Miles IT = 29.56 - 278' Depth
12:21p						10.9 miles IT = 29.56 "Having a blast. Doing really good."

Date

Swimmer(s)

Observer(s)

Swim Description

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MARATHON SWIMMERS FEDERATION - Standard Swim Log



TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
12:30p						readjusted swim cap
12:36p						Adjusted Goggles
12:37p	33° 28.646	118° 33.883	74°	W 14K	64	11.45 miles FT 28.13
12:51p						Feed: ^{REPORTED} Swollen tongue choc milk
12:57p						! 12 miles! - IT = 33.16
1:03p						Goggle Adjustment
1:07p	33° 28.606	118° 33.051	74°	W 14-15kld		12.30 miles IT = 33.16
1:19p						Feeds 12.63 miles ^{Doing okay} warned of boat traffic ahead.
1:33p						13.07 miles IT = 32.49
1:37p	33° 28.594	118° 32.177	74°	W 15K	66	13.20 mile - IT 32.49 Depth 96.7
1:51p						^{13.68 miles} Feed - Better Water Better Swim
2:01p						14.10 Miles / IT 28.58
2:08p	33° 27.990	118° 31.240	74°	W 12K	62	14.41 Miles / IT 28.58
2:37p	33° 27.432	118° 30.400	76°	W 12K	62	15.50 miles / IT 24.57 ^{Depth 176}

Date

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Observer(s)

Swim Description

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MARATHON SWIMMERS FEDERATION - Standard Swim Log



TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
2:50p						Feed! Refused Depth 55.7'
2:52p	7 hours - 45 min!!!					→ 16 Miles! 28.24 IT
3:03p						Fighting the current
3:07	33° 24.924	118° 29.929	76°	SE 6k	58 to 60 SPM	
3:13p						16.5 miles
3:19p						16.65 miles
3:30p	Stopped					Tongue & Brow Swelling
	Correct final time synchronized to Admin is 3:33 pm. Actual 3:33:54.					
	Total time in water = 8:26:54					
	Total miles = 16.94					

Date

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Swim Description

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Swimmer emerged from the water in great spirits, looking only a bit tired, and appeared exhilarated! Observer Bert Ijams Sign Off
 Bert Ijams 8/11/18