

## Swimmer

Name: JAIMIE MONAHAN Gender: F Age: 39 Resides In: NEW YORK

## Support Personnel

Pilot name(s): OSCAR BEDOYA Vessel: DIOS PRIMERO Port: CARTAGENA MOELLE MAVAS

Crew names & roles: JHONES LUIS PIMENTEL AVILA - PILOT/OBSERVER  
SANTIAGO MARIN - OBSERVER  
ARIK THORMAHLEN - KAYAKER

## Swim Details

Date: 13 AUG 2018 Body of Water: CARRIBBEAN SEA Location: CARTAGENA, COLOMBIA

Route description: PEUDALES TO CORALES DEL ROSARIO NATL. PARK

Swim distance: 10.5 KM Start time: 9:40 Finish time: 15:10 Elapsed: 5:25.11

List any "first" or record claims:

## Rules & Conduct

Feeding (substances & frequency): CARBPRO, WATER, GATORADE EVERY 30 MIN

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

SWIMSUIT, CAP, GOGGLES, EARPLUGS, SUNSCREEN

List any modifications of MSF Standard Swim Rules:

N/A

Observer: Santiago Marin Piedrahita

Email or Phone:  
santiago-1019@hotmail.com  
+57 318 681 9629



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

MARATHON SWIMMERS FEDERATION – Standard Swim Log



Date

13 AUG 2018

Swimmer(s)

JAMIE  
MONAHAN

Observer(s)

SANTIAGO MARTIN  
JHONES LUIS  
PEMENEZ AVILA

Swim Description

POINT TO POINT  
PENDALES TO  
CORALES DEL  
ROSARIO NATL.  
PARK (10.5K)

Page 1 of 1

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
09:40	10.2463	-75.6181	30.2/31.4	1 KN	47	START FROM SANDY BEACH ON PENDALES POINT
10:10	10.2374	-75.6277	30.9	1 KN	47	↳ SWIMMING SOUTH DOWN PINISULA
10:40	10.2312	-75.6373	31/31.4	1 KN	46	WATER + AIR VERY HOT, LITTLE TO NO WIND
11:00	10.2231	-75.6408	32.5/31.9	1 KN	46	PASSED PLAYA BLANCA
11:40	10.2166	-75.6429	32.7/31.6	1 KN	44	FED OFF GATORAIDS
12:10	10.2087	-75.6460	31.9/33	1 KN	44	
12:40	10.2004	-75.6500	31.7/32	1 KN	44	WATER IS CALM MINIMAL WAVES
13:10	10.1940	-75.6531	31.2/33.4	1 KN	44	
13:40	10.1845	-75.6571	31.4/33.3	1 KN	44	ADDED GEL TO FEED
14:10	10.1781	-75.6616	31.2/32.8	1 KN	44	HEADING BETWEEN ISLA PERIQUITO + SHORE
14:40	10.1692	-75.6665	31.5/32.9	1 KN	44	
15:05	10.1674	-75.6690	31.7/32.9	1 KN	44	ENDED RACE CLIMBING UP SEA WALL IN MAN-MADE COVE

## Swimmer

Name:  Gender:  Age:  Resides In:

## Support Personnel

Pilot name(s):   
 Vessel:  Port:

Crew names & roles:

## Swim Details

Date:  Body of Water:  Location:

Route description:

Swim distance:  Start time:  Finish time:  Elapsed:

List any "first" or record claims:

## Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer:

Email or Phone:



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

MARATHON SWIMMERS FEDERATION – Standard Swim Log



Date

17 Aug 2018

Swimmer(s)

JAMIE  
MONAHAN

Observer(s)

VLAD  
MRAVEL

Swim Description

LITTLE BAY  
BEACH TO  
BONDI BEACH  
NSW Australia

Page 1 of 1

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
8:55 AM 0:00	-33.980	151.252	15/10	1 km NORTH	49	START TIME 8:55
0:30	-33.973	151.264	15/11	1 km NORTH	49	water smooth waves ~ 1m high
1:00	-33.962	151.269	15/12	1 km NORTH	47	You can see Maroubra Beach
1:30	-33.950	151.269	15/13	2 km NORTH	47	
2:00	-33.938	151.268	15/15	2 km NORTH	47	FED w/ GEL + CARBOPRO
2:30	-33.925	151.267	15/15	3 km NORTH	46	By COOGEE BEACH + WEDDING CAKE ISLAND
3:00	-33.913	151.273	15/16	3 km NORTH	46	
3:30	-33.902	151.276	15/16	3 km NORTH	46	Light wind AT BACK, Rolling waves
4:00	-33.893	151.280	15/17	3 km NORTH	46	HEADING INTO BONDI BEACH
4:11:12	-33.891	151.282	15/17	3 km NORTH	46	END TIME 1:06

## Swimmer

Name:  Gender:  Age:  Resides In:

## Support Personnel

Pilot name(s):  Vessel:  Port:

Crew names & roles:

## Swim Details

Date:  Body of Water:  Location:

Route description:

Swim distance:  Start time:  Finish time:  Elapsed:

List any "first" or record claims:

## Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer:

Email or Phone:



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.



### Swimmer

Name: JAMIE MONAHAN Gender: F Age: 39 Resides In: NEW YORK

### Support Personnel

Pilot name(s): AHMED BADAWY Vessel: 4238 DISKA Port: ALEXANDRIA, EGYPT

Crew names & roles: ARIK THORHAUG - CROW / KAYAKER  
AHMED BADAWY - PILOT / OBSERVER

### Swim Details

Date: 24 AUG 2018 Body of Water: MEDITERRANEAN Location: ALEXANDRIA, EGYPT

Route description: AL'MENA' ASH SHARQIYAH MARINA TO BEAU RIVAGE JETTY

Swim distance: 10.5 Start time: 15:52 Finish time: 21:13 Elapsed: 5:21

List any "first" or record claims:

### Rules & Conduct

Feeding (substances & frequency): CARBO PRO, WATER - 3x MINUTES

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

STANDARD COSTUMES, CAP, EARPLUGS, GOGGLES  
SUNSCREEN

List any modifications of MSF Standard Swim Rules:

NA

Observer: AHMED BADAWY  
 Email or Phone:

EGY-8888@  
hotmail.com



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

AHMED BADAWY

MARATHON SWIMMERS FEDERATION – Standard Swim Log



Date

AUG 24, 2018

Swimmer(s)

JAMIE MORAHAN

Observer(s)

AHMED BADAWY

Swim Description

AL' MINA' ASH SHARQIYAH TO THE BEAU RIVAGE JETTY

Page 1 of 1

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
3:52 PM (15:52)						
0:00	31.201	29.892	30/30	3 kn (in cave)	48	START FROM FAR WALL AL' MINA' ASH SHARQIYAH
0:30	31.209	29.800	30/30	5 kn (leaving cave)	48	FIGHTING CURRENT TO LEAVE PORT
1:00	31.216	29.909	30/30	10 kn	46	CUT OF CAVE WAVE HEIGHT 1.5M
1:30	31.219	29.918	30/30	14 kn	46	STRONG WINDS PUSHING S/SW
2:00	31.223	29.926	30/29	12 kn	44	LARGE WHITE JELLY FISH
2:30	31.229	29.935	30/29	12 kn	44	STUNG AGAIN BY JELLY
3:00	31.235	29.943	30/28	11 kn	45	SUN HAS SET
3:30	31.240	29.951	30/28	11 kn	44	
4:00	31.246	29.957	30/27	10 kn	44	WINDS DYING DOWN A BIT
4:30	31.250	29.964	30/26	10 kn	44	PASSING FOUR SEASONS HOTEL
5:00	31.257	29.971	30/26	8 kn	44	
5:21	31.259	29.976	30/25	8 kn	44	FINISH IN DARK AT FAR SIDE OF ROCK JETTY / NO PERMISSION TO LAND ON BEACH /
						HAD TO SWIM BACK 2K TO HOTEL BEACH FOR EXIT. UNSAFE TO CLIMB ROCKS,
						TOUCHED WALL FOR FINISH. 9:13 PM (21:13)



## Swimmer

Name:  Gender:  Age:  Resides In:

## Support Personnel

Pilot name(s):  Vessel:  Port:

Crew names & roles:

## Swim Details

Date:  Body of Water:  Location:

Route description:

Swim distance:  Start time:  Finish time:  Elapsed:

List any "first" or record claims:

## Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer:

Email or Phone:



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

MARATHON SWIMMERS FEDERATION – Standard Swim Log



Date

26 Aug 2018

Swimmer(s)

JAIME  
MORAHAN

Observer(s)

TIM  
DAVIES

Swim Description

WIDTH of LAKE  
GENEVA FROM  
LOUSANNE TO  
'EVEAU-LES-BAINS

Page 1 of 1

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
0:00	46.510	6.611	20/22	5 kn	47	START TIME 11:39
0:30	46.499	6.604	20/22	4 kn	47	wind from south - PROTECTED BY LAND
1:00	46.489	6.599	20/22	4 kn	47	BEAUTIFUL DAY ON LAKE WIND NOT AS STRONG AS PREDICTED
1:30	46.478	6.598	20/22	3 kn	46	
2:00	46.466	6.597	20/22	2 kn	46	SLIGHT BREEZE, FLAT WATER
2:30	46.455	6.594	20/22	2 kn	46	
3:00	46.443	6.594	20/22	2 kn	46	WE MUST BE IN FRANCE BY NOW!
3:30	46.433	6.593	20/22	2 kn	46	GEL IN w/ CARBO PRO FEEDS
4:00	46.422	6.590	20/21	2 kn	45	WE CAN SEE THE BEACH CLUB WHERE SWIM ENDS
4:30	46.410	6.585	20/21	2 kn	46	
4:50	46.400	6.582	20/21	2 kn	46	FINISH TIME 16:29

### Swimmer

Name: Jaimie Manahan Gender: F Age: 39 Resides In: New York, NY

### Support Personnel

Pilot name(s): Sean Makofsky Vessel: RHIB Port: N.J.

Crew names & roles: Arik + Hori ahlen - Paddler/crew

### Swim Details

Date: 8/28/2018 Body of Water: East + Harlem + Hudson Rivers Location: N.J.

Route description: Circumnavigate Manhattan.

Swim distance: 28.6 Start time: 9:16:00 AM Finish time: 6:59pm Elapsed: 9:43

List any "first" or record claims:

### Rules & Conduct

Feeding (substances & frequency): Carbo Pow -> Every 30 minutes

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

Cap / Goggles / Suit / Sunscreen

List any modifications of MSF Standard Swim Rules:

None.

Observer: Janine Serell  
 Email or Phone: J9swim@gmail.com  
646-342-4246



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

MARATHON SWIMMERS FEDERATION - Standard Swim Log



Date

8/28/2018

Swimmer(s)

Jaimie Monahan

Observer(s)

Jaimie Seel

Swim Description

Circuit  
Navigate  
Manhattan

Page 1 of 2

6 hours

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
9:14:00 AM	40 42 29 N	73 59 18 W	76.2 / 81	WSW 4	48	Row A Start -> Hazy, Hot + Humid.
9:46	40 42 33 N	73 59 18 W	78 / 81	WSW 4	49	Row 36 -> btwn. Manh + William Bridge
10:16	40 43 43 N	73 58 11 W	78.5 / 85	WSW 5	48	E. 15 <sup>th</sup> - Swimmer Fe-apply ZINC.
10:46	40 45 6 N	73 57 52 W	76 / 89	W 4	47	E. 18 <sup>th</sup> St. - with humidity feels like 100.
11:16	40 46 19 N	73 56 44 W	76 / 91	W 6	47	E 82 <sup>nd</sup>
11:30						Swimmer @ Mill Rock #1
11:46	40 47 5 N	73 56 12 W	78 / 91	W 5	45	102 <sup>nd</sup> St. Foot Bridge = Feels like 103°
12:15	40 47 33 N	73 55 51 W	18 / 91	Ø	46	E 15 <sup>th</sup> St.
12:45	40 48 46 N	73 55 59 W	18 / 93	WSW 8	46	3 <sup>rd</sup> Ave Bridge on the Harbor
1:15	40 49 40 N	73 55 54 W	78 / 93	WSW 8	48	Macomb Dam Bridge.
1:45	40 51 10 N	73 55 28 W	76 / 93	SW 9	48	184 East - still swimming pretty!
2:15	40 51 59 N	73 54 43 W	93	WSW 11	48	E 15 <sup>th</sup>
<del>2:15</del>	2:39					Into the Hudson!
2:48	40 52 15 N	73 52 15 W	79 / 95	WSW 12	48	La Marina @ Dykeman. <span style="border: 1px solid black; padding: 2px;">Feels like 104°</span>
3:15	40 52 29 N	73 52 36 W	79 / 91	SW 10	48	W 186 <sup>th</sup> by Pumpkin House.

