

## Swimmer

Name: Pablo Fernandez Gender: M Age: 38 Resides In: Madrid (España)

## Support Personnel

Pilot name(s): Cristobal Mauricio Lagos Vessel: Mi Marleni Port: Guapinol

Crew names & roles: Moises Osorio Cáceres (observer)  
Osman Guerra  
Erick Inestroza

## Swim Details

Date: 01/25/2019 Body of Water: Pacific Ocean Location: Nicaragua-El Salvador

Route description: Nicaragua (Punta San José) to El Salvador (Meanguera del Golfo)

Swim distance: 20km (straight line) Start time: 6:45h Finish time: 13:05 Elapsed: 6h 20min

List any "first" or record claims: First swim ever from Nicaragua to El Salvador

## Rules & Conduct

Feeding (substances & frequency): Each 45': gel, 1 bottle of water (500ml) banana fruit

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:  
Swim cap, goggles and swim shorts

List any modifications of MSF Standard Swim Rules:  
None

Observer: Moises Osorio Cáceres

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I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.



Date

01/25/2019

Swimmer(s)

Pablo  
Fernandez  
Alvarez

Observer(s)

Moises  
Osorio  
Cacares

Swim Description

From Nicaragua  
(Punta San Jose)  
TO  
El Salvador  
(Meanguera del Golfo)

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
6:45	13.09086	-87.5768	28/26	3 knots SW	59	Sunrise. Medium size waves. A few fishermen boats. 100m from shore
7:10	13.09597	-87.58624	28/27	4 knots SW	57	Calm waters. Entering The gulf. No incidents
7:30	13.10105	-87.60617	28/27	4 knots SW	56	1st Feed: 1 bottle of water (500ml), 1 gel. NO incidents
7:52	13.10489	-87.62206	28/27	4 knots SW	59	No incidents, swimmer keeps pushing, nice pace.
8:32	13.11034	-87.64987	28/28	5 knots SW	61	2nd Feed: 1 bottle of water (500ml), 1 banana, no incidents.
8:57	13.11401	-87.66576	28/28	5 knots SW	63	3rd Feed: 1 bottle of water (500ml), 1 gel, 1 fruit box. no incidents. <small>Prepare for a long leg, 1 gel due to currents</small>
10:41	13.12461	-87.7142	28/30	6 knots SW	64	4th Feed: 1 bottle of water, 1 banana, 1 gel, 1 fruit bar, after 1h 40 min leg current is pushing us into the ocean
11:15	13.13011	-87.72562	28/31	5 knots SW	65	5th feed: 1/2 bottle of water, 1 gel. currents stop pushing, need to make it right to reach Salvador
11:58	13.1419	-87.73119	28/31	5 knots SW	67	6th feed: 1 bottle of water, 1/2 banana, tide changes approaching Meanguera island, still far away, keep pushing!!
12:23	13.14942	-87.73209	27/31	5 knots SW	63	7th Feed: 1 bottle of water, 1 gel, tide starts to change we are closer but need to keep pushing
12:52	13.16151	-87.72458	27/32	5 knots SW	61	No Feed. Very close, final push!! we are close to El Salvador but no beach nearby, just a cliff.
13:05	13.16548	-87.72205	28/32	4 knots SW	62	Swimmer Touches El Salvador! Dangerous cliff with waves. swimmer climbs celebrate and comes to the beach! <small>Suck to the beach!</small>