

MARATHON SWIMMERS FEDERATION — Observer Report Cover Sheet

Swimmer

Name: TRACEY MESSINGER Gender: F Age: 49 Resides In: Whangarei NEW ZEALAND

Support Personnel

Pilot name(s): TINORUA SAMUEL Vessel: PRIVATE Leisure craft Port: SOFTEL PRIVATE ISLANDS - BORA BORA TAHITI

Crew names & roles: RICHARD MESSINGER - SWIM CAPTAIN LEANA GALLO-MORICE - 2ND OBSERVER SETI AFOA - OBSERVER/KAYAKER

Swim Details

Date: 14-10-19 Body of Water: BORA BORA LAGOON Location: BORA BORA TAHITI

Route description: CIRCUMNAVIGATION SWIM OF BORA BORA

Swim distance: 2338 Start time: 06:19 Finish time: 16:02 Elapsed: 9h42m50s

List any "first" or record claims: FIRST OFFICIAL DOCUMENTED SWIM.

Rules & Conduct

Feeding (substances & frequency): 30 MINS - HI-S GELS/COKE/WATER

List all equipment, devices, and swimwear (including standard equipment) used by swimmer: SWIM CAP, GOGGLES, SWIMWEAR - ABOVE KNEE SWIM SUIT Electrolytes/ESKOMOS

List any modifications of MSF Standard Swim Rules:

N/A

Observer: SETI AFOA

Email or Phone: setiafoa@gmail.com



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

[Handwritten signature]

571700

MARATHON SWIMMERS FEDERATION - Standard Swim Log



Date

14-10-19

Swimmer(s)

TRACEY MESSINGER

Observer(s)

PILOT

Samuel Leama

observer

Swim Description

CIRCUMNAVIGATION OF BORA BORA

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START TIME 6:19 16°32' 151°43' 26/22° EAST CALM,

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
6:37	16°32'	151°43'	26/22°	East	58	CALM AT START 2 BABY BLACK TIP SHARKS SIGHTED.
6:49	16°32'	151°44'	28/22°	East	59	Electrolyte High 5 Gel
7:18	16°32'	151°44'	28/22°	East	60	electrolyte High 5 Gel 4 MANTA RAYS SIGHTED
7:49	16°31'	151°45'	28/22°	East	63	Electrolyte High 5 caffeine Gel APPROACH BY LARGE 1.6 BLACK TIP SHARK
8:19	16°30'	151°45'	28/23°	East	63	Electrolyte High 5 Gel
8:49	16°30'	151°45'	29/23°	South	62	Electrolyte High 5 Gel 2/3 Eskimo SWEET TURTLE SIGHTED
9:19	16°29'	151°45'	29/23°	East	60	Electrolyte High 5 caffeine Gel
9:49	16°28'	151°45'	29/24°	N. East	60	Electrolyte High 5 Gel
10:19	16°28'	151°45'	28/24°	East	61	Apple + peach pulée / 2 maviseric / 2 eskimo SWEET
10:49	16°29'	151°44'	28/24°	N. East	60	Water Electrolyte High 5 caffeine gel / ocean grease
11:19	16°28'	151°44'	28/24°	N. East	62	Water Electrolyte High 5 gel 215 ml coke
11:49	16°28'	151°43'	28/24°	N. East	60	Water / Electrolyte High 5 gel / 115 ml coke
12:20	16°28'	151°43'	28/24°	N. East	58	water / coke / 2 eskimos + wee
12:49	16°28'	151°43'	28/24°	N. East	56	coke / water / high 5 gel
13:19	16°29'	151°42'	28/24°	East	57	Water / high 5 gel caffeine

MARATHON SWIMMERS FEDERATION – Standard Swim Log



Date

14-10-19

Swimmer(s)

TRACEY MESSINGER

Observer(s)

PILOT

SAMUEL
LEANNA

OBSERVER

Swim Description

CIRCUMNAVIGATION OF BORA BORA

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
13:19	16° 30'	151° 43'	28/24	S-East	57	2 Estima / water / high 5 gel / coke
14:19	16° 30'	151° 43'	28/24	S-East	57	caffeine gel / water
14:49	16° 31'	151° 43'	28/23	S-East	58	High 5 gel / water
15:19	16° 31'	151° 43'	28/24	S-East	56	2 maxigotic / water / biscuit raisin / coke
16:02	16° 32'	151° 43'	28/24	S-East		