

Swimmer

Name: Gender: Age: Resides In:

Support Personnel

Pilot name(s): Vessel: Port:

Crew names & roles:

Swim Details

Date: Body of Water: Location:

Route description:

Swim distance: Start time: Finish time: Elapsed:

List any "first" or record claims:

Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer: *Cynthia Hertzler*
Cynthia Hertzler
Email or Phone: *Chertzler@yahoo.com*



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

Joel Wilson Maui Channel. September 3, 2019			
Observer: Cynthia Hertzler			
<p>General notes: All times Hawaiian Time. Full sun, small waves, and light winds prevailed throughout this swim. There were no whitecaps anywhere on the course. Water temp estimated at 82-84F. Swimmer said water temp seemed consistent throughout.</p>			
<p>Tides: (Lahaina) - source http://www.hawaiiitides.com/Lahaina/MonthTides.asp 6:44am 1.75 ft. High 12:13pm 0.65 ft. Low</p>			
Time	SPM	Notes	
6:31:00 AM		Start (Pee before start)	
6:38:00 AM	65	Calm 1-2' swell. Sea turtle	
6:48:00 AM		Swell variable up to 3-4'	
7:00:00 AM		1st feed. 8oz Accelerade, negligible gel	
7:12:00 AM	64		
7:30:00 AM		9oz Accelerade + 400 mg ibuprofen since none taken before start. 1.5-2oz vanilla gel. Having trouble getting full breath	
7:43:00 AM	72	NW Wind 1-3 mph	
7:51:00 AM		Pilot Keith says we're in the N current	
8:00:00 AM		8oz Accelerade 1oz vanilla gel. Swell 1-3. "Small lumps" on water. Keith "current is kicking in". Joel in good spirits.	
8:14:00 AM	71	Sometime in the first 2-2.5 hours Keith decides the current is not as strong as anticipated and switches to a slightly more northerly heading. We later decide we would've been better staying south.	
8:30:00 AM		6 oz Accelerade. 1.5oz chocolate and vanilla gel	
8:48:00 AM	72		
9:00:00 AM		12 oz Accelerade 2 oz chocolate gel. Joel saw lots of bigger-than-bait fish -- Keith guesses akule? Current evident. From memory, foot cramps started sometime around here. It's hot. No pee; no need to pee. Encouraged Joel to drink as much as he can comfortably consume.	
9:18:00 AM	74	Max 3-4' gentle rollers. Negligible wind	
9:30:00 AM		Sometime in the first 2-2.5 hours Keith decides the current is not as strong as anticipated and switches to a slightly more northerly heading. We later regret not keeping the original heading	
9:47:00 AM	74	Current, 1-2' swell. Smelling exhaust on the boat... either still air or very slight tailwind	

10:00:00 AM		3.5min feed 12-13 oz Accelerade 1oz chocolate gel 1 oz humu			
10:17:00 AM	78	Negligible wind, swell, but having to push hard against N current			
10:30:00 AM		8-10oz Accelerade, 1oz gel. Feed is a little shorter as we are all anxious about getting pushed north of black rock. Observer is biting nails and trying to figure out how to boost power in feeds and forgets to take stroke count.			
		Current is strong; we keep waving Joel to come closer to the boat; he is being pulled towards Molokai. Keith estimates current is up to 4kts. Joel is frustrated and concerned. Yells "Don't let me run out of island". Eventually says it's too difficult to keep pushing to get south of Black Rock and asks if we can land north of Black Rock and Keith agrees.			
11:02:45 AM		Finish in front of Mahana condos. Rocky bottom. No shorebreak, thankfully.			
4:31:44	Final time on stopwatch				
4:31:45	Final time on Garmin 945				
GPS mileage	12.11				