

Swimmer

Name: Gender: Age: Resides In:

Support Personnel

Pilot name(s): Vessel: Port:

Crew names & roles:

Swim Details

Date: Body of Water: Location:

Route description:

Swim distance: Start time: Finish time: Elapsed:

List any "first" or record claims:

Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer: *Cherie Edborg*

Email or Phone:
Cherieedborg@gmail.com
714.614.4365



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

MARATHON SWIMMERS FEDERATION – Standard Swim Log



Date

04/30/2019

Swimmer(s)

Scott Zornig

Observer(s)

Cherie Edborg

Swim Description

6 Newport Islands

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TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
06:11:04			58S/59A	None		Swimmer started on dry sand at beach near Shell Street, CDM, CA
						Calm waters and air, however, it was sprinkling for about the first 45
						minutes at the start of the swim.
06:41:04						Swimmer noted he voided
06:54:00						Swimmer ran into a large stick in the water
06:54:00						There was a lot of wood and debris in the water; sea grass, sticks
						and sadly some plastic in some areas.
07:11:04			58S/57A	None	72	First feed - 8 oz of Perpetuem - Swimmer feels good - approx 2 miles in
						The scenery was beautiful with all the gorgeous boats and homes to
						looks at. No visible sea life to watch from the kayak, but a decent
						amount of birds. Boat names were fun to read: Knot A Care, Short Bus
						Gael Force, Don't Stop Believ'n
07:54:00			60S/59A	None	72	Sprinkling again
						Another boat name - Isle Be Back
8:12:00			60S/59A	None		Second feed - 8 oz Perpetuem and GU - swimmer noted water quality

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08:12:00			60S/59A	None		has been good so far.
						Boat Name after rounding the 4th Island - Goofoffs
08:42:00						Third Feed - 8 oz Perpetuem - swimmer noted the water smelt gross in
						one area. Observer noticed a thin layer of oil/gas from boats where
						Swimmer noted smell. (Near The Winery restaurant on PCH)
08:56:00			60S/60A	None	72	Swimmer looks strong
09:12:00			60S/60A			Forth Feed - 8 oz Perpetuem and GU - approx 6 miles down
						Boat Names - Lolligag and Let's Get Nauti
09:15:00						Harbor Master 3 passed us - nodded with an accepting nod
09:42:00			60S/60A		70	Fifth and final feed - 8 oz water and GU - swimmer noted he is getting
						tired and feels like stroke is falling apart. Observation - swimmer still
						looks great!
09:56:00						Harbor Master 3 - requested for us to move more to the right of the
						channel
10:04:00						Crossed over channel when it was clear from boats to approach finish

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10:12:00			60S/59A	None		Sheriffs Boat - requested to make sure Swimmer stays out of the Federal
						Channel Lane - Observer noted we are finishing right up ahead and will
						be sure to stay clear and safe. Sheriff waved us onward
10:19:04			62S/62A	None		Swimmer finishes on dry sand at same beach of start. Successful and
						Strong swim.
						Not much excitement for the swim. A few boats, Orange Coast Rowing
						Team, some stand up paddlers, a handful of innocent walkers looking
						really confused and amazed at a swimmer in the water. Beautiful homes
						gorgeous boats with fun names. Sheriff and Harbor Master both were
						great and understanding