

## Swimmer

Name: NEIL BRINKWORTH Gender: M Age: 47 Resides In: PLYMOUTH, U.K.

## Support Personnel

Pilot name(s): BEN KELLETT Vessel: PANTHER Port: PLYMOUTH

Crew names & roles: ROB HANLON - BOAT CREW ANDREW BUTLER } SUPPORT  
GAVIN BENNETT - KAYAK SIAN LANE } CREW  
MARCUS BLATCHFORD - PHOTOGRAPHY

## Swim Details

Date: 08 SEPT. 2020 Body of Water: ENGLISH CHANNEL - PLYMOUTH SOUND Location: PLYMOUTH, U.K.

Route description: EDDYSTONE ROCKS TO PLYMOUTH HBE

Swim distance: 14.3 LAND MILES Start time: 05:18:00 Finish time: 16:19:58 Elapsed: 11:01:58

List any "first" or record claims: —

## Rules & Conduct

Feeding (substances & frequency): CNP PRO FUEL 500ML AT 90 MINS / THEREAFTER 45 MINS : OCCASIONAL COFFEE / BANANA / SHORTBREAD

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:  
STANDARD TEXTILE JAMMER (ABOVE KNEE) 1x SILICONE CAP, GOGGLES, EAR PLUGS, 2x GREEN GUARDIAN LIGHTS (ON GOGGLES AND BACK OF JAMMER.) VAGELINE AT CHAFE POINTS.

List any modifications of MSF Standard Swim Rules:  
NONE

Observer: KATE ROBARTS  
 Email or Phone:  
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I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

*[Signature]*  
8/9/20



