

Captain: Jenny Kline

Swim Log: Kim Hedges  
Sunday, October 18, 2020

Time	Latitude	Longitude	Air Temp	Water Temp	Wind Speed/Dir.	Kim Stroke Rate	Sarah Stroke Rate	Notes (Conditions, Feeds, Events)
7:06	37° 51' 6" N	122° 34' 45" W	55	53.4	8.2			Jump from Hy per fish Walking on Beach
7:19	<del>37</del>							Left Beach - Swim begins. Hung back whole to starboard
7:19.46						60/min		Captain moving Hyperfish to position off shore at distance for swim sunrise over main headlands
7:39								
7:49	37° 50' 46" N	122° 31' 45" W	59	55.51	5.8 NE			lots of fishing boats in the area 7:54 - change of goggles Turned to swim south
8:09	37° 50' 12" N	122° 33' 58" W	61	55.66	4.7 N	59/min		1st feed → Carbopro, 602 + per Passing 1st Red buoy on right
8:19								8:25 Stopped to pose for pics in front of main headlands
8:39								feed - Carbopro - 602 + per passed Radio Beach on left
8:49	37° 49' 17" N	122° 32' 46" W	62		1.2 NE	60/m		waves are choppy - stopping frequently photos @ point Bonita
9:09								super choppy as we round tip of headlands - will wait for feed per + 602 water
9:16								Out of potato patch - feed: <del>per</del> choc headed for North Tower. <del>per</del> <sup>100%</sup> protein bar
9:19	37° 48' 29" N	122° 31' 17" W	74	56.40	0 mph	59/m		Kim is looking strong & steady in his suit - swims by the shark - deterring suit.

Time	Latitude	Longitude	Air Temp	Water Temp	Wind Speed/Dir.	Kim Stroke Rate	Sarah Stroke Rate	Notes (Conditions, Feeds, Events)
9:45	37°49'17" N	122°29'21"	68.5	57.12	0 mph	59/min		Passed Kirby Cove on left feed - Carbo pro 6 oz Swam successfully through debris field (strong large chunks of wood)
10:05								approaching GG Bridge - not too choppy
10:09								* Kayaker flips in erratic chop on E. side of bridge - opposite opening to Harbor Bay - caught in eddy - having a hard time recovering Kirk recovered + paddle saved! - lost his ratty red jacket but kept both the radio and Ryan's sunglasses.
10:15								Swimmer without kayak surfed while Kirk gets his act together + gets back in the water.
10:19	37°49'55" N	122°28'30" W	70	56.97	8.5	60/min		Kirk gets back in water; Kim feeds immediately - middle of Sausalito opening - sighting on point of Tiburon
10:39	37°51'14" N	122°27'45" W	72	57.00	8 mph	59/min		11:11 Passing point of Bulwerell feed: Carbo pro 6 oz. + pee
10:49								landed Buff Point of Tiburon feed: 6 oz scratch some chop + surface current (wind) in her face + also dumb speed boats
11:19	37°51'58" N	122°27'16" W	72	57.01	4.2 W	69/min		current shifting up → swimmer will move closer to shore feed: water - 6 oz.
11:43	37°53'19" N	122°26'19" W	72	57.79	2.2 W	56/min		Captain Jernel deftly intercepts high speed boat. feed - 6 oz Carbo pro + Peptalk by Kirk - getting tired + current is picking up (?)
11:49								
11:58								
12:07								
12:12	37°55'29" N	122°28'42" W	73	59.05	0	61/min		
12:19								
12:40								- Just South of Pt. Chancey

