

### Swimmer

Name:  Gender:  Age:  Resides In:

### Support Personnel

Pilot name(s):  Vessel:  Port:

Crew names & roles:

### Swim Details

Date:  Body of Water:  Location:

Route description:

Swim distance:  Start time:  Finish time:  Elapsed:

List any "first" or record claims:

### Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer: *Susan L. Knight*

Email or Phone:  
*Sueloo.knight@gmail.com*



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

*207-216-2567*



Date

Sat, Sept. 26, 2020

Swimmer(s)

Kellie Latimer

Observer(s)

Susan Knight

Swim Description

Long Lake double crossing

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TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
6:50	44.1127294	-70.6834820	W: 64.9 A: 46	—	58	Beautiful morning
7:22	44.0960122	-70.6862950	W: 64.1 A: 47	—	57	1/2 bottle
7:55	44.0803571	-70.6843229	W: 63.8 A: 46	—	57	1/2 bottle
8:01						(2.314 miles)
8:27	44.0653909	-70.6809014	W: 63.5 A: 48	—	57	1/2 bottle (~3.26)
9:00	44.0515219	-70.6747391	W: 64.0 A: 52	—	57	1/2 bottle + GU (~4 miles)
9:31	44.0385309	-70.6645346	W: 64.3 A: 56	2 mph SE	57	1/2 bottle seaplane sighting! - First of many
10:00	44.0265015	-70.6541041	W: 64.3 A: 59	SE 4 mph	58	1/2 bottle + GU
10:32	44.0146860	-70.6492631	W: 64.7 A: 61	5 mph from SE	57	1/2 bottle (~7 miles)
11:05	44.001394	-70.6432459	W: 64.9 A: 61	4 mph from SSE	58	Getting a little wavy 1/2 bottle + GU + Oreo
11:40	43.9904760	-70.6351935	W: 64.7 A: 64	6 mph from SSE	57	1/2 bottle
12:10	43.9819759	-70.6225949	W: 64.9 A: 66	6 mph from SSE	57	1/2 bottle + GU
12:33	43.9757645	-70.6115294	W: 64.7 A: 67	6 mph from SE	57	1/2 bottle
12:53 - 12:59						on land
1:30	43.9817983	-70.6207787	W: 64.7 A: 70	6 mph from SSE	58	1/2 bottle + 1 GU



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Swimmer(s)

9MS

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2:03	43. 9925740	-70. 6356790	W: 65.1 A: 74	8 mph from SSE	57	1/2 bottle Kellie cranky put funky hats on!
2:36	44. 0051642	-70. 6434504	W: 65.6 A: 75	9 mph from SSE	58	1/2 bottle 2:19- went by Songo River Queen boat
3:09	44. 0194664	-70. 6513170	W: 65.6 A: 76	10 mph from S	58	1/2 bottle + GU + 2 ibuprofen
3:45	44. 0347846	-70. 6608227	W: 65.8 A: 76	10 mph from S	58	1/2 bottle Wind sucks!
4:20	44. 0470294	-70. 6737386	W: 65.3 A: 73	10 mph from SSE	59	1/2 bottle + GU
4:51	44. 0614518	-70. 6799633	W: 65.5 A: 76	9 mph from SSE	58	1/2 bottle
5:28	44. 0781306	-70. 6854809	W: 65.6 A: 73	9 mph from SSE	58	1/2 bottle + GU
6:04	44. 0934157	-70. 6851212	W: 64.8 A: 71	8 mph from SSE	58	1/2 bottle - Mats on Again! Last Feed!
6:42						Finished! We beat the darkness
						First Leg - 6:50 - 12:52 = 6 hrs 2 min 7 mins on beach
						Second Leg - 12:59 - 6:42 - 5 hr 43 min
						Total - 11 hours 52 mins
						1 bottle = 2 scoops CarboPro + 1 scoop grape <del>water</del> <del>with</del>
						20 oz water
						1/2 bottle = 10 oz Feed mix