

<b>Swimmer Name:</b> Camille Gulick	<b>Route Description:</b> Foveaux Strait. Stewart Is. to Bluff. South to North	<b>Date:</b> 10/02/22
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<b>Observer:</b> John Scobie	<b>SLS Crew:</b> Owen West, Scott Crosbie. <b>Support Crew:</b> Sally McMath, Luke Yates, Belinda Donaldson, Anna-Kate Hutter.
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**Temp. Taken using:** Protect Infrared Thermometer QM7424.

**Time Taken using:** Seiko Watch

**Latitude/Longitude taken from Observers Garmin Watch (DDM format).**

Time	Latitude	Longitude	Temperature	Wind	Wave	Stroke Rate	Observations
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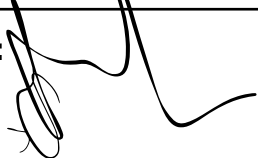
			Water (c)	Air (c)	Speed (kt)	Direct	Height (m)	Direct	Per min	Incidents, distances, feeds, weather conditions, comments, approximate distance covered
07:29	46 43.218S	167 58.671E	13	15	-	-	-	-		Sally McMath and Scott Crosbie dropped Camille into the water from the IRB. She swam into shore and put her hand up when she was ready. Whistle sounded, good, clean and calm start from Saddle Point, Stewart Island. Anna-Kate was picked up by the IRB crew.
08:07	46 43.291S	168 00.847E	14	18	-	-	-	-	64	Feed #1. 1 min 20 sec feed time. 200ml tailwind 60g quinoa baby food. Feeling good in the temp. Bit of seaweed around. 2.8km in.
08:39	46 43.525S	168 03.432E	13	20	2.5	NE	-	-	64	Feed #2 1 min 35 sec feed time. 250ml tailwind 60g quinoa baby food. Little colder but still feeling strong. Albatross showing interest in swimmer. 5.5km into it.

09:16	46 43.060S	168 05.819E	13	18	2.5	N	0.5 Long swell	SE	62	Feed #3 1min 8 sec feed time. 250ml tailwind 60g sweet potato baby food. Camille feeling strong. Peeing ok. Change of IRB crew. Belinda Luke Owen into IRB. Sun coming through, the overcast cloud lifting. 9km covered
09:45	46 42.840S	168 07.895E	13	18	1.8	N	0.75 Long swell	SE	62	Feed #4 1 min feed time. 250ml hot chocolate with 2x ibuprofen crushed into it. 60g sweet potato baby food. Feeling good and warm with the sun. Can see shadows down below. 11.4km into it.
10:15			12	22	-	-	-	-	64	Feed #5 1min feed time. 250ml tailwind 60g banana baby food. Camille feeling good and strong, talked to the crew-happy as. Feeling great, aware of time and SR- asking questions, warm and switched on.14.1km.
10:44	46 41.878S	168 11.535E	12	18	3.9	SW	-	-	64	Feed #6 1min 20 sec feed time. Tailwind 250ml 60g Banana baby food. Calm-asking questions feeling good. Camille is doing well, chatting with the IRB crew. IRB Change to AK Sally and Scott. 16.5km covered
11:20	46 41.041S	168 13.086E	12	-	4	S-SE	0.5	SE	64	Feed #7 1 min 50 sec feed time. 250ml tailwind 60g quinoa baby food. Starting to feel it. Last 10min patchy temp but still warm in herself. Peeing ok. Avoided cod pot ropes and buoys. 19.1km covered

11:45							-	-		Feed #8 250ml hot choc with 1x Panadol crushed into it (60mg caffeine) 60g quinoa baby food. Starting to feel the impact of salt on her tongue. Feeling the hurt a little, bottom lip shaking a little and dribbling her hot chocolate. Doesn't feel a need to change any food, everything sitting well. 21km into it
12:16	46 39.527S	168 14.701E	14	17	6.5	E	-	-	64	Feed #9 250ml tailwind 75g baby food IRB Crew Change to Luke Belinda Owen, lots of jellyfish about. Been through a bit of a down patch, but now back up. Stoked to see land. 23km.
12:46							0.5	SE	64	Feed #10 250ml tailwind 65g banana baby food. Laughing and smiling, feeling great and happy to see land detail. Excited by support. Big grin when she took off.
13:15	46 37.587S	168 15.866E	13	18	6.5	E	-	-	66	Feed #11 250ml tailwind 60g baby food . Can't believe how good it has felt, only ever chilly, never cold. 26.7km No swell, sea really flattening out.
13:45			14	18	6.5	E	-	-	64	Feed #12 200ml hot choc with 2x ibuprofen crushed into it. 60g quinoa baby food. Excited by pace. Tired arms but no signs of slowing. 28.7km Approximately 2.7km left to swim

14:05							-	-		Sally swapped out for Belinda in the IRB with towels and space blankets to prepare for the finish. Luke Sally and Owen in IRB. Everyone on boat cheering Camille on.
14:15							-	-		Feed #13 200ml tailwind. So close, ready to be finished. Approximately 500-600m left to go. 30.8km
14:26	46 35.164S	168 16.777E					-	-		Touched the South Island. Whistle blew. Stopwatch stopped at 6:57:05 elapsed time.
14:29										Camille pulled into the IRB by Luke and Sally. Brought back to the Shangri La.

<b>Start Time:</b> 07:29:00	<b>Finish Time:</b> 14:26:05	<b>Total Time Elapsed:</b> 06:57:05
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<b>Observer Name :</b> John Scobie	<b>Observer Signature:</b> 	<b>Page:</b> 4 of 4
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