



# People

<b>Swimmer</b>	<b>Support Team</b>														
<p>Name: Suzanne Heim</p> <p>Gender: Female                      Age on swim date: 24</p> <p>Nationality: USA</p> <p>Hometown: San Rafael</p> <p>Contact email: swimmersuz@gmail.com</p> <p>Other documented swims:</p>	<table border="0"> <thead> <tr> <th style="text-align: left;">Names</th> <th style="text-align: left;">Roles</th> </tr> </thead> <tbody> <tr> <td>Dr. Rapaport/Medical</td> <td></td> </tr> <tr> <td>Tom McGraw/Kayak</td> <td></td> </tr> <tr> <td>Stan Hlynsky/Lead Pilot/Crew</td> <td></td> </tr> <tr> <td>Tim Callihan/Pilot</td> <td></td> </tr> <tr> <td>Gordon Cook/Rowboat</td> <td></td> </tr> <tr> <td>Walk Hakke/Rowboat</td> <td></td> </tr> </tbody> </table> <p>Escort vessel: Rowboat/Kayak/Boston Whaler/AB</p>	Names	Roles	Dr. Rapaport/Medical		Tom McGraw/Kayak		Stan Hlynsky/Lead Pilot/Crew		Tim Callihan/Pilot		Gordon Cook/Rowboat		Walk Hakke/Rowboat	
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# Swim Parameters

<b>Rules</b>	<b>Route</b>
<p>List all swimwear &amp; equipment used by swimmer: <small>straditional swim suit/2 swim caps/goggles</small></p> <p>Deviations (if any) from standard unassisted rules:</p>	<p>Body of water:<sup>27</sup> Miles Carquinez Bridge/Golden Gate Bridge</p> <p>Specific start loc or coord: <small>Start midspan under the Carquinez Bridge</small></p> <p>Specific finish loc or coord: <small>Finished directly under the GG Bridge</small></p> <p>Intermediate waypoints (if any):</p>

# Swim Results

<b>Start</b>	<b>Finish</b>	<b>Summary of Conditions</b>
<p>Date: 7/12/1983</p> <p>Time of day: 3:40 AM</p> <p>Time zone: Pacific</p>	<p>Date: 7/12/1983</p> <p>Time of day:</p> <p>Elapsed (H:M:S) 5:27.??</p> <p style="text-align: center;">5</p>	<p>Variety of conditions: texture to some 10 knot winds in San Pablo Bay. Water temp 58 - 65. Very warm under Carquinez Bridge. Nutrition: Instanurament (sp?), Andes mints, bananas, peanut butter and honey. Attracted a lot of fish in the Carquinez Strait with the light shining on swimmer. Swimmer reported being 'slimed' several times.</p>