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Sv	v I				

Name:	Jaimie Monahan	Gender:	F	Age:	37	Resides In:	New York, NY USA

## **Support Personnel**

Pilot name(s):	ot name(s): Phil White		Vessel:	Django	Port:	Newport, VT, USA
Crew names &	roles:	Phil White - Pilot/Obs	server, Arik	Thormahlen - Crew		

## **Swim Details**

Date:	10 July 201	17	Body o	of Water:	Lak	ce Memphren	nagog	Location:	USA/Canada	
Route description: One way point to point from Newport VT, USA to Magog, QC, Canada										
Swim	distance:	25.5 m	niles	Start tir	ne:	6:23am	Finish time	8:44pm	Elapsed:	14h18m
₋ist ar	ny "first" or	recor	d claim	s: N/A						

## **Rules & Conduct**

Feeding (substances & frequency)	UCAN mixed with hot water, occasional coke, occasional GU gel
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List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

Regular swimsuit, silicon earplugs, silicone cap, lots of 40% zinc oxide diaper cream for sun protection

List any modifications of MSF Standard Swim Rules:

N/A

Observer: Phil White

Email or Phone: 802-249-9100

phw1948@gmail.com



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

				s	ners Log - In Search of July 10, 2017 wimmer Progress Rep			15/1
		Swimmer:	1	Jaimie Mo	onahan			1
	10	Time	Mi		Stroke Speed	Other Comments	Lake Conditions  Ate 18.4 Calm warse	3/
CONTRACTOR OF THE PARTY OF THE		30 nin	Mari		52	WCAN	WATER ZO.8	. All
		0:13 AF	1.8	Stema	50	7	RAIMS	The state of the s
, and		1:30 miy	1.8	STEWS + HAPPY	50	9	ASR 120 NOT PRIN water 20.1 Caly	
		L'ao	3.7	Slang + HAPPY	47	· ·	H B KAIN	1 Tolk
		1:30	4.6	stems	47	n	4 18.0 V. 20.1	193
	T L	2:48	4.8	Steme	47	4	BOARDER, CROSSED.	
		.00	5.3	Strung	47	11	wind from a light	
	1	30	6.1	Strone	46	ti	Wind from N	7
1	5					t	A. 19.7 RASA Igain	1
	4:	as I	6.9	Hems.	46		ω.το.9	$\rightarrow$
	14.	30 /8	3.0	Strong	46			
	5:0			Strong	40	$\iota_{\iota}$	Kata Stagra	1
	5:0			Han	46	u	W. ZO. 8 WIND LINE	
13/01/	6:00			Stean	46	11 5th, 20.7 W S. wing 23.0 A. ving	ind	
	3:30	11.		Stemy	45	" 5 Kentw: NA FRAN S	wt	

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Swimmers Log - In Search of Memph

0.		T.				ers Log - In Search of N July 10, 2017 rimmer Progress Repo			
			wimmer:		1 Jaimie Mo			5/	In it
Street,			-	/ N	ail-				7/20
			Time	1716	Condition Strong, OK, Tiring	Stroke Speed	Other Comments	Value C - Aug	3 ASTE
			7:30		Sinery	47	W. FROM S. Light ACR. 24 420. CD. 72	Lake Conditions	3/1/1
			8:00		STRONG	46	HER 32 S light		The same
		11	3:30	14.4	)	46	WIND NA	FLAT SUNRY	J. J. Le
		7		15.3	Hang	46	Light with from South	Googles Broke - REALDELT 20 Stange	The latest the same of the sam
		1 4	:00	160	Strang	47	AFR 26.3 5 knot wins HzO 21.2 From south	Little CHOP	n's 1921.
		9:	30	16.9	Strova	47	ATE 23.9 Shors	SOME CHOP COMING FROM SOUTH AS WIDD PICKS 40	Made to
		10:0	0	12.8	Strong	46	ALR 23.3 9 Exots HyD ZI.1 from S	PASSING CORD'S ESCAND	
		10:30	,	18.7	STRONG	46	470 21, 1 FROM 5	ight cutp the any thromas	1 1
		11:00		19.Ce	STIZMG	47	HER ZU Light wind !	Proceedings	
		11:30		10.3	STRONG	47	HER 24.4 WEND N. 410 21.4	+ WATER	
		12:00		21.1	STRANG	46	HEER COMES THE IZA AGAIN!	the last nuter, coke	
1	12	ים ביי	12	1.9	Strong	46	FAIN + WEND	LIEAN	
- /			1				· ·		
1			1		The Language of			A	
		1 14			The state of the s				

Swimmer Progress Reports

Swimmer: 1		Jaimie Mo	nahan					
Time	Mile Marker	Condition Strong, OK, Tiring	Stroke Speed	Other Comments	Lake			
13.0	23.0		46	MCAN WIND				
14, 3,	23.8	SYRay	48	FLAT LALL AGAIN				
14.00	24.5	Steam	47	ATR 23.5 wind N/A				
14.18	25.0	Steary Steary Victorias!	0	FLAT LALE AGAIN  WIND AVA  ATR 23.5 WIND AVA  HED ZI. I SURSETTING  FENISHED +  CLENKED WATER				