

Swimmer

Name: Gender: Age: Resides In:

Support Personnel

Pilot name(s): Vessel: Port:

Crew names & roles:

Swim Details

Date: Body of Water: Location:

Route description:

Swim distance: Start time: Finish time: Elapsed:

List any "first" or record claims:

Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer:

Email or Phone:



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

Swimmer

Name: RICHARD JONES Gender: M Age: 54 Resides In: HIGHETT AUSTRALIA

Support Personnel

Pilot name(s): CAMERON READ Vessel: Snap Crooked Port: 572

Crew names & roles: SUE JONES, JULIE NORMAN

Swim Details

Date: 28/2/21 Body of Water: Ocean Location: Northern Beaches

Route description: Palm Beach to Shelly Beach

Swim distance: 24 kms Start time: 7.57 AM Finish time: 7.14 PM Elapsed: 11:17:39

List any "first" or record claims:

Rules & Conduct

Feeding (substances & frequency): Electrolytes, gels, lollies

List all equipment, devices, and swimwear (including standard equipment) used by swimmer: Swimmers, cap, goggles.

List any modifications of MSF Standard Swim Rules: N/A

Observer: C. Leav
Email or Phone: 0456984499



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

MARATHON SWIMMERS FEDERATION - Standard Swim Log



Date

28/2/21

Swimmer(s)

BRENDA
NORMAN

Observer(s)

CAMERON
READ

Swim Description

Palm Beach
+
Shelly
Beach

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TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
7.57	33 35.259	151.19.723	23 19.5	5kts ④	65	Dolphins play along beach. 1st FEED - SEA GLASS - STAY.
8.57	33 36.484	151.21.116	23 20.3	6kts ⑤	64	Electrolyte SLIGHT HEAD WIND.
9.57	33 38.095	151.21.349	23.2 20	10.4 kts ⑤	66	- WIND PICKED UP. + JUICE - BRENDA SICK OFF AVOLON BEACH. - ALISA NOT SO WELL.
10.57	33.39.569	151.21.170	23.22	10kts ⑤	60	Vegetable soup SUN OUT. HOLDING UP. BRENDA NOW NOT EATING
11.57	33.41.197	151.20.416	23.12.4	8kts ⑤	59	GOOD SPIRITS. FEELING COOL + WEARING A LOT.
12.57	33.42.555	151.20.665	23.2.25	11kts ⑤	58	BIG MARLIN WITHIN 5 METRES OF SWIMMERS. UP TO 13kts gusting up to 16kts. x 2.
1.57	33.43.444	151.20.144	23.3 24.7	10 kts ⑤	58	1.53 SWAM INTO BLUE BOTTLES. Struggling to drink water
2.57	33.44.411	151.19.541	23.4 24.8	8kts ⑤	58	sun shining, feeling warmer. everyone on board feel happier
3.57	33.44.	151.18.	23.3 24.4	8kts ⑤	54	BIG FISH @ about 2m AWAY.
4.57	33.45.760	151.18.361	23.5 23.3	6kts ⑤	58	BLUE BOTTLES EVERYWHERE LIKE CORALS.
5.57	33.47.959	151.17.955	24 22.6	6kts ⑤	58	Latter BURNING FROM BLUE BOTTLE STINGS
6.57	33.47.687	151.17.663	23.7 21.7	5kts ⑤	62	6:21 BLUE BOTTLES SEEM TO HAVE PASSED

MARATHON SWIMMERS FEDERATION — Standard Swim Log



Date

28/2/21

Swimmer(s)

RICHARD JONES

Observer(s)

CAMERON READ

Swim Description

Palm Beach to Shelly Beach

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TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
7.57	33.35.259	151.19.723	23 19.5	5 kts (S)	66	Sea glassy. sea lice present
8.57	33.36.484	151.21.116	23 20.3	6 kts (S)	66	Gel. Slight head wind.
9.57	33.38.095	151.21.340	23.2 20.4	10.4 kts (S)	67	Soup, gel, water. Wind picked up
10.57	33.39.569	151.21.170	23 22.3	10 kts (S)	60	11:24 RICHARD SKOMACI - A/CAMP Lollies, fruit cake, electrolytes, paracetol + sea sickness pill.
11.57	33.41.197	151.20.946	23.1 24.4	8 kts (S)	60	Good spirits. Feeling cold. Gel and water.
12.57	33.42.555	151.20.615	23.2 25	11 kts (S)	62	Big marlin within 5 metres of swimmer Up to 13 kts gusting up to 16 kts. Electrolytes
1.57	33.43.454	151.20.144	23.3 24.7	10 kts (S)	61	1:53 swam into blue bottles Lollies and electrolytes
2.57	33.44.411	151.19.541	23.4 24.8	8 kts (S)	60	Sun shining. Feeling calmer. Fruit cake, water.
3.57	33.44	151.18	23.3 24.4	8 kts (S)	60	Big fish about 2m away Gel and electrolytes
4.57	33.45.760	151.18.361	23.5 23.3	6 kts (S)	60	Blue bottles everywhere. Coffee, lollies, gel
5.57	33.47.959	151.17.955	24 26	6 kts (S)	60	Lollies. Burning from blue bottles.
6.57	33.47.687	151.17.663	23.7 21.7	5 kts (S)	61	6:21 blue bottles seem to have passed.