**Santa Barbara Channel Swim Association**
**SWIM LOG**

**Swimmer or Relay Team:** Nemanja Spasojevic **Swimmer Coach:** —
**Relay Members:** —
**Relay Members:** —
**Swim Undertaken:** Length of Tahoe (Camp Richardson to Hyatt Beach)
**Support Vessel:** GHOST RIDER **Vessel Captain:** Tom Linthicum
**Observers:** Dave Van Mouwerik
**Start Date:** 8/~~20~~ 19/2016 **Finish Date:** 8/20/2016
**Start Time:** 20:43:35 **Finish Time:** 07:23:51
**Total Time:** 10:40:16
**Paddlers:** Michael Heffernan, Michelle Squyer, John Walker

| Time | Water Temp | Air Temp | Stroke Rate | Observations: (Incidents, weather, waves, etc.) |
|---|---|---|---|---|
| 20:43 | 68.4 | 68° | | Sofra entered Lake Tahoe in the Trough, directly east of the Camp Richardson Dock. Michael is paddling. After Sofra jumped, we gathered remaining gear, walked out the dock, got into the boat, + motored north to meet up with Sofra + Michael |
| 21:01 | | | 57 | |
| 21:15 | | | | Starting to see moon shine on eastern mountains + suddenly we the moon became visible |
| 21:38 | 67.6 | 67 | 55 | |
| 21:43 | | | | 2.34 done 19.0 to go |
| | | | | N 38° 58.220 W 120° 01.788 |
| | | | | First Feeding from kayak, after 1 hour |
| | | | | Carbo Pro + Gu |
| 21:57 | | | 56 | |
| 22:30 | 67.5 | 67 | 55 | |
| 22:43 | | | | 4.40 done 17.0 to go |
| | | | | N 38° 59.915 W 120° 01.262 |
| 23:00 | 67 | 66 | 55 | |
| 23:02 | | | | Traded out kayakers ~ Michael got out, + John |

**Observer Signature:** David Van Mouwerik



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Swimmer or Relay Team: Nemanja Spasojevic  Observer: Dave Van Mouwerik

| Time | Water Temp | Air Temp | Stroke Rate | Observations: (Incidents, weather, waves, etc.) |
|---|---|---|---|---|
| | | | | got in. We circled back to give John |
| | | | | a headlamp |
| 23:22 | 66.8 | 66 | 54 | 16.36 done 15.2 left |
| 23:43 | | | ✓ | N 39° 01.432 W 120° 00.791 |
| 00:13 | 66.8 | 66 | 54 | |
| 00:43 | | | | 8.17 done 13.5 left |
| | | | | N39° 02.909 W 120° 00.336 |
| 01:08 | 66.7 | 64 | 54 | |
| 01:10 | | | | We gave John liquid ibuprofen. Sofra had |
| | | | | taken ibuprofen in tablet form but he |
| | | | | wanted liquid form |
| 01:43 | | | | 10.1 done 11.2 left |
| | | | | W 39° 04.441 N ~~120°~~ 119° 59.862 |
| 02:06 | | | 54 | exactly half way 10.9 / 10.9 = 21.8 total |
| 02:44 | | | | 12.2 done ~~9.62~~ 9.62 to go |
| | | | | 39°06.164 W119 59.316 |
| 03:43 | | | | 14.60 done 7.40 to go |
| | | | | N 39° 08.032 W 119° 58.735 |
| 04:43 | | | | 16.6 done 5.40 left |
| | | | | N39 09.729 W 119° 58.194 |
| 03:40 | | | 55 | Michelle took over as kayaker — John |
| | | | | came out. |
| 05:01 | 66.4 | 62 | 54 | Sofra has continued to keep up a strong |
| | | | | pace. ~~We~~ At this rate we are anticipating |
| | | | | a swim lasting 10 hrs + 30 minutes |
| 05:19 | | | | The sky is starting to lighten up, Sofra |
| | | | | continues @ a good pace. |
| 05:24 | | | 56 | |
| | | | | |



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Observer Initials: DVM

**Santa Barbara Channel Swim Association**
**SWIM LOG**

Swimmer or Relay Team: Nemanja Spasojevic Observer: Dave Van Mouwerik

| Time | Water Temp | Air Temp | Stroke Rate | Observations: (Incidents, weather, waves, etc.) |
|---|---|---|---|---|
| 05:28 | | | | Tom is making coffee Hooraah |
| 05:43 | | | | 18.8 done 3.26 to go |
| | | | | N 39° 11.547 W 119° 57.648 |
| | | | | Sofra just fed, reports seeing an uncommon |
| | | | | number of Indians residing within the lake |
| | | | | Sky is lightening up. Sand Harbor is to our |
| | | | | east. |
| 06:25 | 66.5 | 62 | 58 | John got in 5 minutes ago + is pace swimming |
| | | | | for Sofra |
| 06:38 | | | | About 25 minutes ago Tom hung the SERC |
| | | | | Flag off the starboard side of the boat |
| | | | | + Sofra howled his approval |
| 06:40 | | | | Sunlight is hitting the western side of the |
| | | | | lake |
| 06:43 | 66.7 | 60 | 59 | Ten hours underway |
| | | | | 20.9 done 1.29 left |
| | | | | N 39° 13.187 W 119° 57.112 |
| 07:18 | | | | Sofra is among the moored boats. The sun |
| | | | | is about to hit the sandy beach directly |
| 07:23 | | | | Sofra makes the shore |
| | | | | 0.10 to go 22.2 done (boat location) |
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